

WINGS OF AMERICA

PRESENTS:



THE TWENTY-FIRST ANNUAL "INDIAN RUNNING" COACHES' CLINIC

MAY 31ST & JUNE 2ND, 2019

INSTITUTE OF AMERICAN INDIAN ARTS

83 AVAN NU PO RD, SANTA FE, NM 87508

CENTER FOR LIFELONG EDUCATION BUILDING

Join Wings of America's summer facilitators-in-training as they gain the inspiration and knowledge they need to become better athletes, coaches and mentors. Presenters will cover a breadth of topics including training techniques, injury prevention and recovery, community development strategies and public health.

Friday, May 31:

7:00am: Morning Run (optional for non-facilitators)

9:00-10:00am: Breakfast

10:00am-11:15am

Angelo Baca, Cultural Resources Coordinator, U.D.B.

"Running as Land Stewardship"

11:15am-12:30pm

**Carlos Mejia, Skyrunner World Series Champ (2006) &
Christian Gering, Solomon Trail Running Team Member**

"The Future of Indigenous Mountain Running"

-LUNCH-

1:30pm-2:45pm

Coach Curtis Williams, NM Sports Hall-of-Famer (2010)

"Building a Culture of Success With Native Runners"

3:00pm-3:45pm

Casey Long, COPE Program, Youth Program Specialist

"From Wings Facilitator to Youth Development Professional"

3:45pm-5:00pm

Katelyn Sheehan, Professional Expedition Leader

"Trauma-Informed Leadership"

Saturday, June 1:

7:00am: Morning Run (optional for non-facilitators)

9:00-10:00am: Breakfast

10:00am-11:15am

Josh Norman, Co-Director, MoGro

"The Challenge of Eating Healthy in Rural New Mexico"

11:15am-12:30pm

Brendan Martin, DPT, N.Y.A.C. Track & Field Athlete

"Crucial Injury Prevention & Strengthening Tips for Runners"

-LUNCH-

1:30pm-2:30pm

Jackson Thomas, Diné Runner & Coach

"Training With World-Class Distance Runners"

-EXERCISE BREAK-

2:45pm-3:45pm

Yatika Starr Fields, Artist/Runner

"When Running Inspires Art and Art Inspires Running"

3:45pm-5:00pm

Lydia Jennings, Soil Scientist/Runner

"How Running Helps Us Know the Earth"

\$75 REGISTRATION FEE INCLUDES: -Wings Shirt -Presentations & Materials

-Meals (breakfast/lunch fri & sat)

SPONSORS:



HOTEL SANTA FE
THE HACIENDA & SPA

To REGISTER

Visit: www.wingsofamerica.org/coaches-clinic/

LODGING AVAILABLE
FOR ADDITIONAL FEE

Or CALL: (505)982 6761 for more information