WINGS OF AMERICA PRESENTS:
THE SEVENTEENTH ANNUAL
AMERICAN INDIAN RUNNING COACHES’ CLINIC
JUNE 4TH-6TH, 2015. SANTA FE, NM.
HOSTED BY: INSTITUTE OF AMERICAN INDIAN ARTS CENTER FOR LIFELONG EDUCATION
83 AVAN NU PO RD, SANTA FE, NM 87508

Join Wings of America’s summer Facilitators-In-Training as these youth mentors gain the knowledge they need to become better athletes, leaders, coaches and community members. Presenters will cover a wide array of topics including Native running history, Wings history, elite-athlete training techniques, positive youth-development, balanced lifestyles, nutrition and injury prevention.

$75 REGISTRATION FEE INCLUDES
- Wings t-shirt – presentations and materials
- meals (dinner thurs; lunch fri & sat)

REGISTRATION CLOSES MAY 29TH
** ONLY 30 SPOTS AVAILABLE **

SPONSORS:
Navajo Nation – Just Move It
Hotel Santa Fe – The Hacienda Spa
Center For Lifelong Education
IAIA INSTITUTE OF AMERICAN INDIAN ARTS

Visit: www.wingsofamerica.org/coaches-clinic/ to register or CALL: 505 982 6761 for more info

Thursday, June 5th
5:30-6:00PM- Opening Comments/Introductions/Prayer
6:00-6:45PM- Dinner is served (BBQ)
6:45-7:30PM- Gil Vigil- Executive Director, ENIPC, INC
“Tesoque runners and the foundations of Santa Fe”

Friday, June 6th
6:30AM- Meet for group run @ IAIA Dance Circle
CLINIC ATTENDEES WELCOME
9:45-10:20AM- Dustin Martin- Program Director, Wings;
“Why are we here? Wings programs and you”
10:30-11:40AM- Roxanne Swentzell- Artist;
Wings Board Member; Founder, The Flowering Tree Institute
Tiffany Calabaza- Office Manager, Wings
“Rethinking Diet: Eating clean for health and wellness”
11:45-12:10PM- Group Stretch
12:15-1:00PM- Curtis Beach- Professional Decathalete
“Training for the world stage”
1:00-1:45PM- LUNCH
2:00-3:10PM- John Stokes- Founder, The Tracking Project;
“Indigenous tracking techniques and traditional fitness”
3:20-4:30PM- Lorenzo Jim- Practitioner of Diné medicine;
Behavioral health professional
“Reconciling differences between ‘culture based’ and ‘evidence based’ concepts of health and wellness”

Saturday, June 7th
6:30AM- Meet for group run @ IAIA Dance Circle
CLINIC ATTENDEES WELCOME
10:00-11:15AM- Jason Karp, PhD- Founder, Run-Fit.com;
Exercise Physiologist & Author
“A lifetime of passion for running better”
11:15-12:30PM- Scott Simmons- Coach, The American Distance Project
“Crucial running workouts for elite-level readiness”
12:30-1:15PM- Curtis Beach- Professional Decathalete
“Training for the world stage”
1:30-2:30PM- Pat Tyson- XC/ T&F Coach, Gonzaga University
“A lifetime of running and coaching”
2:40-3:20PM- Ab & Hip strengthening for runners workshop
3:30-4:30PM- Ryan Bolton- Coach, The Harambee Project
“Coaching international athletes for the world stage in New Mexico”