Wings of America presents:
The Seventeenth Annual American Indian Running Coaches' Clinic
June 4th-6th, 2015. Santa Fe, NM.

Hosted by: Institute of American Indian Arts Center For Lifelong Education
83 Avan Nu Po Rd, Santa Fe, NM 87508

Join Wings of America’s summer Facilitators-In-Training as these youth mentors gain the knowledge they need to become better athletes, leaders, coaches and community members. Presenters will cover a wide array of topics including Native running history, Wings history, elite-athlete training techniques, positive youth-development, balanced lifestyles, nutrition and injury prevention.

$75 Registration Fee Includes:
- Wings t-shirt
- Presentations and materials
- Meals (dinner Thurs; lunch Fri & Sat)

Registration closes May 29th
**Only 30 spots available**

Sponsors:
- Navajo Nation JMI - Nike N7 - IAIA

Visit: www.wingsofamerica.org/coaches-clinic/ to register or Call: 505 982-6761 for more info

Thursday, June 4th
5:30-6:00PM - Opening Comments/Introductions/Prayer
6:00-6:45PM - Dinner is served (BBQ)
6:45-7:30PM - Gil Vigil - Executive Director, ENIPC, INC
"Tesuque runners and the foundations of Santa Fe"

Friday, June 5th
6:30AM - Meet for group run @ IAIA Dance Circle
CLINIC ATTENDEES WELCOME
9:45-10:20AM - Dustin Martin - Program Director, Wings;
"Why are we here? Wings programs and you"
10:30-11:40AM - Roxanne Swentzell - Artist;
Wings Board Member; Founder, The Flowering Tree Institute
Tiffany Calabaza - Office Manager, Wings
"Rethinking Diet: Eating clean for health and wellness"
11:45-12:10PM - Group Stretch
12:15-1:00PM - Curtis Beach - Professional Decathalete
"Training for the world stage"
1:00-1:45PM - Lunch
2:00-3:10PM - John Stokes - Founder, The Tracking Project;
"Indigenous tracking techniques and traditional fitness"
3:20-4:30PM - Lorenzo Jim - Practitioner of Diné medicine;
Behavioral health professional
"Reconciling differences between ‘culture based’ and ‘evidence based’ concepts of health and wellness"

Saturday, June 6th
6:30AM - Meet for group run @ IAIA Dance Circle
CLINIC ATTENDEES WELCOME
10:00-11:15AM - Jason Karp, PhD - Founder, Run-Fit.com;
Exercise Physiologist & Author
"A lifetime of passion for running better"
11:15-12:30PM - Scott Simmons - Coach, The American Distance Project
"Crucial running workouts for elite-level readiness"
12:30-1:15PM - Lunch
2:00-3:10PM - Pat Tyson - XC/T&F Coach, Gonzaga University
"A lifetime of running and coaching"
2:40-3:20PM - Ab & Hip strengthening for runners workshop
3:30-4:30PM - Ryan Bolton - Coach, The Harambee Project
"Coaching international athletes for the world stage in New Mexico"