



# WINGS OF AMERICA PRESENTS: THE SEVENTEETH ANNUAL

## AMERICAN INDIAN RUNNING COACHES' CLINIC

JUNE 4TH-6TH, 2015. SANTA FE, NM.

HOSTED BY: INSTITUTE OF AMERICAN INDIAN ARTS  
CENTER FOR LIFELONG EDUCATION  
83 AVAN NU PO RD, SANTA FE, NM 87508

*Join Wings of America's summer Facilitators-In-Training as these youth mentors gain the knowledge they need to become better athletes, leaders, coaches and community members. Presenters will cover a wide array of topics including Native running history, Wings history, elite-athlete training techniques, positive youth-development, balanced lifestyles, nutrition and injury prevention .*

\$75 REGISTRATION FEE INCLUDES

-Wings t-shirt -presentations and materials

-meals (dinner thurs; lunch fri & sat)

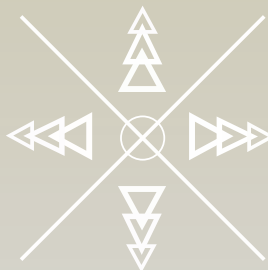
REGISTRATION CLOSES MAY 29TH

\*\* ONLY 30 SPOTS AVAILABLE \*\*

### SPONSORS :

-NAVAJO NATION JMI -NIKE N7 -IAIA

Visit: [www.wingsofamerica.org/coaches-clinic/](http://www.wingsofamerica.org/coaches-clinic/) to register or CALL: 505 982 6761 for more info



### Thursday, June 5th

5:30-6:00PM- Opening Comments/Introductions/Prayer

6:00-6:45PM- Dinner is served (BBQ)

6:45-7:30PM- Gil Vigil- Executive Director, ENIPC, INC

"Tesuque runners and the foundations of Santa Fe"

### Friday, June 6th

6:30AM- Meet for group run @ IAIA Dance Circle

CLINIC ATTENDEES WELCOME

9:45-10:20AM- Dustin Martin- Program Director, Wings;

"Why are we here? Wings programs and you"

10:30-11:40AM-Roxanne Swentzell- Artist;

Wings Board Member; Founder, The Flowering Tree Institute

Tiffany Calabaza- Office Manger, Wings

"Rethinking Diet: Eating clean for health and wellness"

11:45-12:10PM-Group Stretch

12:15-1:00PM-Curtis Beach- Professional Decathlete

"Training for the world stage"

1:00-1:45PM- LUNCH

2:00-3:10PM- John Stokes- Founder, The Tracking Project;

"Indigenous tracking techniques and traditional fitness"

3:20-4:30PM- Lorenzo Jim- Practitioner of Diné medicine;  
Behavioral health professional

"Reconciling differences between 'culture based' and  
'evidence based' concepts of health and wellness"

### Saturday, June 7th

6:30AM- Meet for group run. CLINIC ATTENDEES WELCOME

10:00-11:15AM- Jason Karp, PhD- Founder, Run-Fit.com;

Exercise Physiologist & Author

"A lifetime of passion for running better"

11:15-12:30PM- Scott Simmons- Coach, The American

Distance Project

"Crucial running workouts for elite-level readiness"

12:30-1:15PM- LUNCH

1:30-2:30PM- Pat Tyson- XC/ T&F Coach, Gonzaga University

"A lifetime of running and coaching"

2:40-3:20PM- Ab & Hip strengthening for runners workshop

3:30-4:30PM- Ryan Bolton- Coach, The Harambee Project

"Coaching international athletes for the world  
stage in New Mexico"